What is RSVP?

RSVP is one of the largest volunteer networks in the nation for people 55 and over. West Texas RSVP has the dual purpose of engaging persons 55 and older in volunteer service to meet critical community needs and providing a high quality experience that will enrich the lives of the volunteers and those they serve. RSVP is a program funded through grants from AmeriCorps and the State of Texas. It is sponsored locally by the Concho Valley Council of Governments and receives additional funding from the Texas Department of Health and Human Services . As a leader in volunteer recruitment and placement, RSVP partners with local non profits and public agencies to match your interests, skills and available time with challenging, rewarding and impactful opportunities in your local community.

Who are RSVP Volunteers?

Persons 55 or older can be RSVP volunteers and need not be retired. They come from all walks of life and all backgrounds. Through RSVP they continue the process of self-discovery and growth in a new phase of life, sharing their life experiences and tapping into new talents and abilities. Volunteering fills their lives with purpose and allows exploration of new passions, while serving others and the community.

Contact RSVP today!

Nolen Mears
Director, Senior Volunteer Programs
5430 Link Rd.
Concho Valley Council of Governments
San Angelo, TX 76904
(325) 944-9666
nolen.mears@cvcog.org

Teresa Covey, RSVP Program Specialist 618 S. Chadbourne St. San Angelo, TX 76903 (325) 944-9669 teresa.covey@cvcog.org

Max Ann Bowlin, RSVP Program Specialist 3702 Loop 322, Building B West Central Texas Council of Governments Abilene, TX 79602 (325) 793-8472 maxann.bowlin@cvcog.org

Visit our website at: www.westtexasrsvp.org









connecting

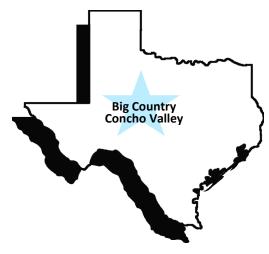
volunteering

impacting

Your Invitation to Serve

West Texas **P**

"Great Things Happen Here!"



Serving Callahan, Coke, Crockett, Jones, McCulloch, Schleicher, Sutton, Taylor and Tom Green Counties

Eligibility

◆ Anyone age 55 or older is eligible to volunteer through RSVP

Advantages of being an RSVP Volunteer

- Exciting and varied volunteer opportunities
- Volunteer consultation, placement & training
- ♦ Invitation to annual volunteer recognition luncheon and program
- Free volunteer support as required
- ♦ Free supplemental insurance coverage when you volunteer
- Free subscription to RSVP newsletters
- Studies show that volunteers have lower levels of depression, increased life satisfaction and enhanced wellbeing.
- ♦ It just does you good!

"The heart of a volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others."

- Aesop -

Explore Your Options!

Healthy Futures

- delivering meals to homebound individuals
- providing medical transportation to frail elderly
- providing summer meals for kids
- supporting food pantries and soup kitchens
- providing health education

Economic Opportunity

- income tax assistance
- building or repairing homes
- providing financial literacy education
- ♦ adult basic education

Veterans and Military Families

- assisting at Air Force base pharmacies
- military family events

Disaster Services

- training/preparedness
- ♦ disaster response/recovery
- ♦ shelter assistance

Capacity Building

- recruiting and managing volunteers
- garnering donations in a myriad of ways
- ♦ collecting food
- preparing mailings/helping at events

Education

♦ tutoring

Other Community Priorities

• ...and much, much more

A LIFETIME of EXPERIENCE Helping Others

Statistics for the past 12 months:

Healthy Futures

271 volunteers served 30,392 hours

Economic Opportunity

22 volunteers served 718 hours

Veterans and Military Families

6 volunteers served 2,034 hours

Disaster Services

5 volunteers served 6,337 hours

Capacity Building

178 volunteers served 13.259 hours

Other Community Priorities

327 volunteers served 2,034 hours

A small sampling of impacts to clients:

- ◆ 912 homebound clients received a daily meal
- 23 frail older adults received medical transportation for 255 appointments
- an average of 1,115 children received a noon meal during the summer months